

YOUTH SPORTS ZONE ~ SUMMER HOURS JUNE 19-AUGUST 23

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:15-10am Basketball 8 +	9:15-10am Soccer Fun Ages 5 +	9:15-10am Dance Fun ALL Ages	9:15-10am Soccer Fun Ages 5 +	9:15-10am Dance fun ALL ages		
10:15-11am Dodgeball Ages 5 +	10:15-11am Floor Hockey Ages 8 +	10:15-11am Flag football Ages 8 +	10:15-11am Dance fun ALL ages	10:15-11am Soccer fun Ages 5-7	CLOSED Saturday	CLOSED Sunday
10:15-11am Yoga Fun Ages 8 +	10:15-11am Dodgeball Ages 5-7	10:15-11am Basketball Ages 5-7	10:15-11am Soccer fun Ages 8+	10:15-11am Floor Hockey Ages 8 +		
11-11:45pm Dance fun ALL Ages	11-11:45pm Soccer Ages 8 +	11—11:45pm Soccer fun Ages 5-8	11-11:45pm Basketball 8 +	11-11:45am Basketball Ages 5-7		
11-11:45am Soccer fun Ages 7 +	11-11:45am Yoga Fun Ages 5-8	11-11:45am Floor Hockey Ages 8 +	11-11:45am Dodgeball Ages 5-7	11-11:45am Dodgeball Ages 8 +		
12-12:45pm Volleyball (black mat)	12:15-1pm FITNESS 9 + At Longfellow	12-12:45pm GAMES (black Mat)	12:15-1pm FITNESS 9 + At Longfellow	12-12:45pm GAMES (Black mat)	CLOSED July 4 & 5	
OPEN 9-1	OPEN 9-1	OPEN 9-1	OPEN 9-1	OPEN 9-1		



ALL CLASSES ARE OPEN TO THE PUBLIC

go to www.longfellowhealthclubs.com – Youth Sports Zone page

Unlimited Summer Membership – Members \$99 ~ Non-Members \$149

Drop in fee for day - \$15 Members ~ \$25 for non-members

June 19 – August 23, 2019 ~ CLOSED July 4 & 5