



LAP LANE RULES

1. Be courteous of other swimmers. Share the lane with others. Make sure you stay to one side of the lane, and do not swim down the middle of the lane when sharing.
2. If there are two swimmers in a lane you may split the lane. If there are three or more in a lane you must circle swim.
3. Politely notify everyone in a lane before entering the lane. Jumping in a lane without telling everyone can cause collisions and injury.
4. Be courteous when passing a slower swimmer—a quick ‘thank you’ goes a long way when making passes around slower swimmers. The wall is the best place to make the pass, but in the event you cannot pass at the wall, a gentle tap on the feet of the swimmer in front of you will let them know you are looking to pass.
5. The faster swimmer always has the right of way—this is especially true on the turns; if you know that a faster swimmer is making their way up from behind you—please take a moment and let them pass at the wall or move over closer to the lane line. When resting at the wall, please move to the outside of the lane so that swimmers can still make their turn. Be aware when starting your swim again too, let the faster swimmer go first.
6. Children must be competent lap swimmer to use a lane. Also, children under the age of 16 may use the lap lanes if the lanes are unoccupied. If an adult is waiting to use a lane occupied by a child, the lifeguard staff will ask the child to vacate the lane.
7. Lap lanes are for lap swim only. Water exercise and unsanctioned swim lessons are prohibited in the lap lanes.
8. Do not hang on or climb over the lane lines as doing so may cause them to break. If you need to cut across a lane, go under the lane line and do so carefully as to not disturb other swimmers in adjacent lanes.